**HEALING HAPPENS ALL AROUND**

<https://www.youtube.com/watch?v=uI-98fN0_kQ>’

Recorded in Plum Village by Tabea with support of Sr. True Vow.

Healing happens all around, breathe and smile  
Be still and know  
Healing happens all around, and deep inside, nothing to do  
When we entrust to Mother Earth, and let go  
Healing takes place  
When we relax in what we are, and surrender ourselves  
Nothing else to do  
  
Be aware of your fear, just breathe with it  
Your presence is enough

Invite your love to be, there with you  
Let yourself be embraced   
  
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Nothing else to do  
  
Be aware of your pain, just breathe with it  
Your presence is enough  
Invite your love to be, there with you  
Let yourself be embraced  
  
Healing happens all around, breathe and smile  
Be still and know  
Healing happens all around, and deep inside, nothing to do  
Be still and heal